

Update on Chronic Complex Trauma and Dissociative Disorders

**Attend all 4 and
SAVE! See
fees info on
last page.**

Location

First Floor Main Building
4-H Youth Conference Center
7100 Connecticut Avenue
Chevy Chase, MD 20815



More Information

More ISSTD educational programs information, CE/CME information, and speaker/planner conflict of interest disclosures can be found at <http://www.isst-d.org>.

For other information please contact ISSTD Headquarters at 703-610-9037 or info@isst-d.org

Friday, March 18, 2011

**Borderline or Dissociative
(and Does it Make a Difference?):
The Diagnosis and Differential
Diagnosis of Dissociative Disorders**
Speaker: Bethany Brand, Ph.D.
8:30 am—12:00 pm 3 CE/CME Credits

**Group Psychotherapy for Complex Trauma & Dissocia-
tion: Applying Principles to Individual and Group Therapy**
Speaker: Diane Adlestein, Ph.D.
1:00 pm—4:30 pm 3 CE/CME Credits

Friday, April 1, 2011

**Sexual Acting Out as a Symptom of Dissociative
Disorders: Clinical Presentations and Approaches
for Management**
Richard Chefetz, M.D.
8:30 am—12:00 pm 3 CE/CME Credits

**Suicidality, Homicidality, and Self-Harm: Who is at Risk and
How can it Be Understood and Managed?**
Joan Turkus, M.D.
1:00 pm—4:30 pm 3 CE/CME Credits

Join us for the 2011 ISSTD Regional Seminars in the Washington-Baltimore area. Each day of topical seminars highlights important basic, intermediate, and advanced knowledge to help clinicians negotiate the difficult treatments routine in chronic complex trauma and the dissociative disorders. You can choose to attend any or all of these seminars. Stay for the day and network with your colleagues over lunch. Learn about local ongoing study groups, internet discussion groups, and new opportunities for learning that will help to sustain you in everyday practice.

How can you figure out the extent to which a client has dissociative experiences when they are clearly borderline? What approaches can help free your patients from chronic sexual acting out? Dissociative Identity Disorder is like having a mind in the form of a group. What principles of group therapy can inform individual treatment? How do you manage having a group therapy for people who experience their mind as a group? Who is at risk of suicide or homicide? What are the inflection points in treatment that predict difficulty? How do you get inside self-harming behaviors and end them?

Instructors



Bethany Brand earned her Ph.D. in Clinical/Community Psychology at the University of Maryland, College Park in 1993. She completed her internship at George Washington University then took a two year postdoctoral fellowship specializing in trauma related disorders at Sheppard Pratt Health System, after which she continued as an attending and supervising psychologist. In 1998, she accepted a professorship at Towson University where she continues to work as a Professor in the Psychology Department. She is the Director of the Clinical Specialization Program at Towson University where she teaches clinically related courses. Dr. Brand has won several teaching awards including the Maryland Psychology Teacher of the Year.

She received the Morton Prince award for scientific achievement from the International Society for the Study of Trauma and Dissociation. She has written numerous articles and book chapters on topics related to trauma. Her research focuses on assessing and treating trauma disorders. Dr. Brand is currently the primary investigator on a prospective, naturalistic longitudinal international treatment outcome study of dissociative disorders. She supervises postdoctoral fellows in psychological assessment at Sheppard Pratt Health System and has a private practice in Towson, Maryland.



Dr. Diane Adlestein is The Director of Postdoctoral Training of The Trauma Disorders Program at Sheppard Pratt Hospital. She has been on the staff of The Trauma Disorders Program since 1995 where she specializes in the treatment of complex, post-traumatic and dissociative conditions. She has served in various roles in the program, including Attending Psychologist on the Trauma Disorders Inpatient Unit from 1996-1999 and her ongoing roles as Staff Psychologist, clinical supervisor, and consultant. She provides consultation on the treatment of severe trauma to clinicians within the greater Mid-Atlantic region. She has particular interests in the clinical supervision of trauma therapists and in psychodynamic group therapy for trauma

patients. She has been running a long-term outpatient psychotherapy group for patients with PTSD and dissociative disorders for over 15 years.



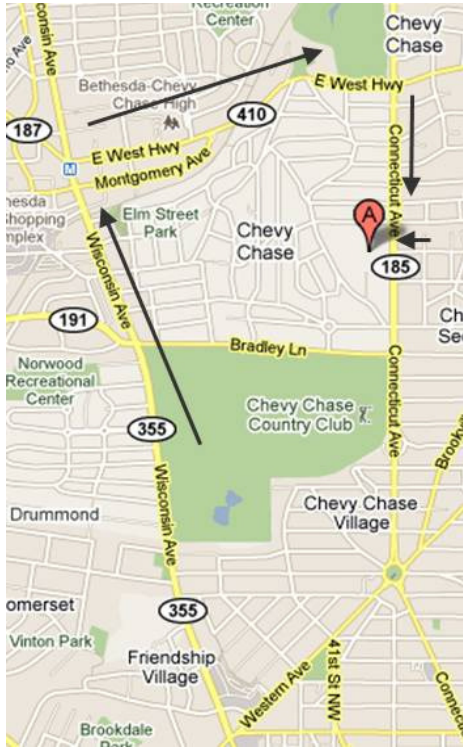
Richard A. Chefetz, M.D. is a psychiatrist in private practice in Washington, D.C. He was President of the International Society for the Study of Trauma and Dissociation (2002-3), Co-director of their Dissociative Disorders Psychotherapy Training Program, a Distinguished Visiting Lecturer at the William Alanson White Institute of Psychiatry, Psychoanalysis, and Psychology. He is a faculty member at the Washington School of Psychiatry, the Institute of Contemporary Psychotherapy & Psychoanalysis, and the Washington Center for Psychoanalysis: New Directions in Psychoanalysis, and Modern Perspectives in Psychotherapy. He is also a Certified Consultant at the American Society of Clinical Hypnosis, and is trained in Level I and II EMDR. Dr. Chefetz

was editor of "Dissociative Disorders: An Expanding Window into the Psychobiology of Mind" for the Psychiatric Clinics of North America, March 2006, "Neuroscientific and Therapeutic Advances in Dissociative Disorders," Psychiatric Annals, August 2005, and "Multimodal Treatment of Complex Dissociative Disorders," Psychoanalytic Inquiry, 20:2, 2000, and is under contract and at work on a book on trauma treatment called Feeling Real.



Joan A. Turkus, M.D., co-founder and consultant of The CENTER: Posttraumatic Disorders Program at the Psychiatric Institute of Washington, D.C., conducts a private practice in general and forensic psychiatry in Falls Church, Virginia. Dr. Turkus' many years of experience in the trauma field have established her national profile as a pioneer and activist in education and consultation. Following her undergraduate training in pharmacy at Rutgers University, she graduated from The George Washington University School of Medicine and is a Distinguished Life Fellow of the American Psychiatric Association and a Fellow of the International Society for the Study of Trauma and Dissociation and was given its Cornelia Wilbur award for clinical contributions. Dr. Turkus is a Diplomate of the American Board of Psychiatry and the American Board of

Forensic Psychiatry. She is proficient in clinical hypnosis and EMDR and maintains a keen interest in the neurobiology and psychopharmacology of traumatic stress and dissociation. Her published writings include book chapters and articles on the treatment of Complex Posttraumatic Stress Disorder and Dissociative Disorders.



The ISSTD Regional Seminars will be held at the National 4-H Youth Conference Center
 7100 Connecticut Avenue
 Chevy Chase, MD 20815
<http://www.4hcenter.org/contact-us/directions/>

Coming from D.C. approach from the North by using Wisconsin Ave to E-W Highway, then South on Connecticut Ave and avoid time consuming left turn across traffic if Northbound on Ct. from D.C.

Parking is free. Please arrive early for check-in.

All-you-can-eat buffet lunch included with full day registration. Coffee breaks will be provided.

Visit www.isst-d.org and learn more!

Cancellation Policy: Cancellations must be received in writing (3) business days before the program begins info@isst-d.org. A \$15 cancellation fee will apply after this cut off day. No-shows will not be refunded. ISSTD is a 501(c)(3) organization tax ID 36-3465788.

Checks Payable to "ISSTD"
 8400 Westpark Drive
 2nd Floor
 McLean, VA 22102

Mail or Fax to 703-610-0234 or Click link below to register online now!

Registering for:

- _____ March 18, 8:30 am—12:00 pm
 - _____ March 18, 1:00 pm—4:30 pm
 - _____ April 1, 8:30 am—12:00 pm
 - _____ April 1, 1:00 pm—4:30 pm
- (Please arrive early for check-in)

Cost:	<u>Members:</u>	<u>Nonmembers:</u>
1/2 day::	\$60 by 3/1; \$65 after	\$70 by 3/1; \$75 after
1 full day:	\$99 by 3/1; \$109 after	\$109 by 3/1; \$119 after
2 full days:	\$169 by 3/1; \$189 after	\$179 by 3/1; \$199 after
Optional 2011 ISSTD Membership (Includes e-access to <i>Journal of Trauma and Dissociation</i>) \$182.00		
Total amount paid: _____		

Name _____

Address _____

City _____

State _____ Zip _____ Phone _____

Email _____

Credit Card Type: Visa Mastercard AmEx Discover

Card # _____ Exp _____

Signature _____

Vegetarian Lunch: (please circle) Y / N Special assistance needed: _____

Click the Link below and Register Online Today!

https://www.isst-d.org/cvweb_isstd/cgi-bin/Registerdll.dll/RegistrationForm?sessionaltcd=Reg_DC