

How to Treat Difficult Clients! Treating Complex Trauma

Friday, April 1, 2011 8:30am—5:00pm

This seminar is made possible through the generous support of



Location

Del Amo Hospital Auditorium
23700 Camino Del Sol
Torrance, CA 90505-5000

More Information

More ISSTD educational programs information, CE/CME information, and speaker/planner conflict of interest disclosures can be found at <http://www.isst-d.org>.

For other information please contact ISSTD Headquarters at 703-610-9037 or info@isst-d.org

Every clinician has at least one difficult, demanding, suicidal, or self-harming patient, who in general creates emotional distress for their therapist. These patient's lives are frequently punctuated with crisis, creating management problems for the therapist. They receive a variety of diagnostic labels such as Borderline Personality Disorder, Major Depressive Disorder, Post Traumatic Stress Disorder, and frequently have multiple addictions. There is a growing awareness in the field of mental health that these people suffer from complex trauma. Complex Trauma differs from single event trauma; it represents the effects of multiple traumatic events occurring during critical periods of neurobiological development. An understanding of complex trauma can lead to treatment strategies that are more specific to the symptoms presented by the patients and can be integrated into an overall treatment plan. With such a complex array of emotional and behavioral difficulties, it is no wonder they are therapists "problem patients" and an agencies "nightmare client".

This workshop offers practical strategies, informed by current research from neurobiology, attachment theory, and trauma informed therapy, to help the average clinician deal with these patients successfully.

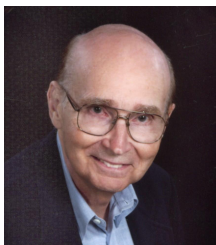
The use of stage oriented treatment will be combined with specific interventions strategies to equip therapists to more rapidly stabilize and manage the psychotherapy process. These patients can be successfully treated; it just takes more time.

OBJECTIVES: Upon completion participants will be able to:

- diagnose the symptoms of complex trauma.
- define stage oriented treatment.
- describe two ways to treat suicidal and self harm behavior.
- delineate four tools to develop self-regulation.

EARN 6 HOURS of Continuing Education and Continuing Medical Education Credits arranged for this program in cooperation with IAHB, The Institute for the Advancement of Human Behavior. www.iahb.org

Instructors



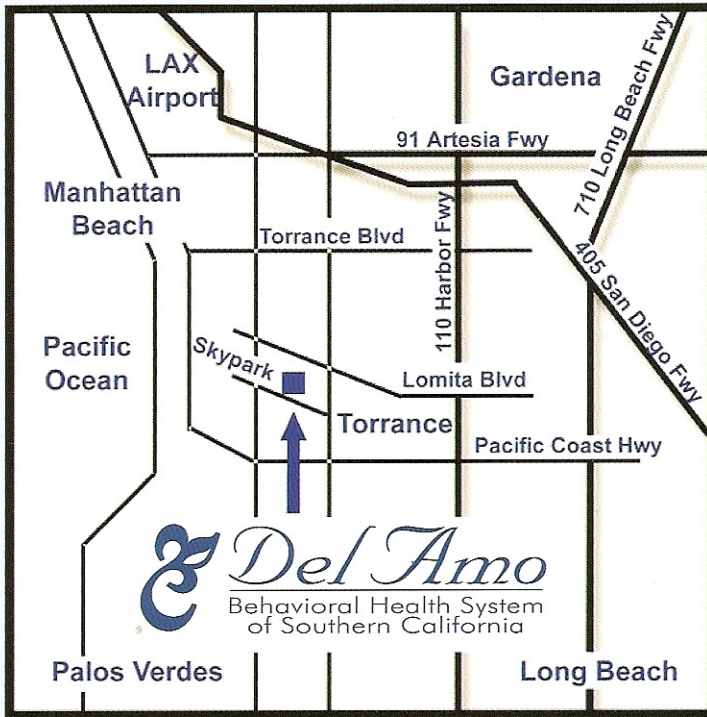
Don Fridley, PhD
ISSTD President

Dr. Fridley has lived in Southern California most of his life. He attended UCLA, Pepperdine College, and USC. He has been in practice at South Bay Psychological Center since it was founded in 1964. He has taught psychology at various local colleges. Dr. Fridley has had extensive experience and training in the treatment of families, children, and adolescents as well as intensity individual and group psychotherapy. He is trained in many forms of psychotherapy such as hypnosis, EMDR, Behavior Therapies, Behavioral Sex Therapy, Cognitive Therapy, and psychoanalytic/psychodynamic approaches. He is committed to an integrated and humanistic approach. Dr. Fridley is actively seeing patients at the SBPC and Del Amo Hospital's National Treatment Center where he is a consultant. He is sought out for his expertise in the field of dissociation/trauma, PTSD, and is known as the therapist's therapist. He provides supervision and consultation to other professionals in the local area as well as across the country.



Kevin Connors, MS, MFT
ISSTD Vice-President

Kevin Connors is a licensed Marriage & Family Therapist in private practice in Long Beach, California. Kevin is currently Vice President of the International Society for the Study of Trauma and Dissociation. A member of ISSTD since 1986, he was twice president of the Orange County Chapter of the ISSTD and a founding member of the Western Clinical Conference on Trauma and Dissociation. He served as chair of that conference committee from 1990 to 1997. He is liaison between the ISSTD and the Institute on Violence, Abuse and Trauma which annually holds a conference on family violence and sexual assault. He is currently exploring the role of shame and powerlessness in clients with complex trauma and dissociative disorders as well as in investigating the prevalence of dissociation among both victims and perpetrators of intimate partner violence.



Parking Information

There are a few visitor spaces available in the lot. Feel free to use one if available.

There is additional parking in the lot and along the street. On the street you will see signs stating "Permit Required." In the lot you will see a sign stating "Visitors/Employee Parking Only." It is fine for you to park in the permitted or employee parking areas for the duration of the conference. No permit/tag is needed. **DO NOT** park in the spaces marked "Reserved for Doctors."

Mail or Fax to 703-610-0234 or Click link below to register online now!

Register Online Now!
www.isst-d.org/training/20100924.html

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By March 15, 2011	_____ \$89.00	_____ \$ 99.00
After March 15, 2011	_____ \$99.00	_____ \$109.00
(Lunch is included in cost of registration)		
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(includes e-access to <i>Journal of Trauma and Dissociation</i>)		
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Vegetarian Lunch: (please circle) Y / N Special assistance needed: _____

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Checks Payable to:
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