

When Therapy Ends: The Good, the Bad, and the Ugly
February 7, 2020 | 12:00 – 1:30PM EST



Presenters: Lynette Danylchuk, PhD | Kevin J Connors, MS, MFT

Presenter Biography: Lynette Danylchuk, PhD, has been working in the trauma field since mid-80, starting with Vietnam Vets and people with DID. She served 12 years on the original Board of Directors of Survivorship, and then worked for the Board of the Star Foundation for several more years. She had her private practice in San Mateo, California, where, in addition to working with clients, she did (and continues to do) periodic consultation and teaching where she sees a need, including a local graduate school, juvenile hall, or the county trauma-informed services conference. Lynette has been adjunct faculty to graduate schools in the San Francisco area where she has taught, and been a dissertation chairperson. She has given keynote speeches and workshops across the state and at annual conferences of the International Society for the Study of Trauma and Dissociation (ISSTD).

Lynette is a Past President of ISSTD. She has been an active society member since 1996. She has chaired the Volunteer Committee, and the Professional Training Program. She is currently a member of the Board of Directors, the Executive Committee, the Conference Committee, the PTP Task Force, the EMDR/PTP Task Force, and Chair of Certificate Program Committee, and the UN Task Force.

Presenter Biography: Kevin J. Connors, MS, MFT is a licensed Marriage & Family Therapist in private practice in Long Beach, California and a frequent national and international presenter on complex trauma and dissociative disorders. He is co-author of *Treating Complex Trauma and Dissociation: A practical guide to navigating therapeutic challenges*. Kevin is the Senior Vice President at California Southern University in Costa Mesa, California directing the Hecht Trauma Institute, a global academic institution dedicated to advancing the education of clinicians treating interpersonal trauma.



He is a Fellow and Past President of the International Society for the Study of Trauma and Dissociation (ISSTD) and served as Chair of their Annual Conference Committee for 8 years. Kevin also serves as Chair of the Institute on Violence, Abuse, & Trauma's International Summit Planning Committee's Adult Survivors of Childhood Maltreatment Track and as an Advisory Board Member to the National Partnership to End Interpersonal Violence. Kevin is currently exploring the role of shame and powerlessness in clients with complex trauma and dissociative disorders as well as in investigating the prevalence of dissociation among the general psychiatric population.

Abstract: The end of therapy is a challenging time, for clients and for therapists. Whether the client has done the work and is ready to move on – completed Stage Three of treatment – or therapy ends before that process is complete. In Stage Three, as clients move past dissociation as a defense, they address therapeutic concerns central to the sense of self. Existential questions arise, “Who am I? What does it mean to be me? How do I cope in an emotionally intimate relationship? How do I manage shame, conflict, other big feelings, and life issues while remaining present and connected? How do I grieve what was lost, all the time caught up in trauma?” When therapy ends before the client has completed Stage Three, the process becomes more complicated. Attachment and abandonment issues are intense, with emotions frequently difficult for both client and therapist. This workshop addresses issues and questions inherent in the third stage of trauma treatment, and issues faced when therapy ends prematurely, helping clients and therapists deal with the emotions of healing and letting go, and taking pride in using authentic life skills to create their future and their identity.

Objectives

Upon Completion of this webinar, participants will be able to:

- Identify the therapeutic tasks of Stage Three therapy
- Identify the transference and counter-transference issues arising from termination of therapy
- Encourage clients' development of an authentic sense of self

Can't Make it?

If your schedule won't allow for you to attend, the webinar will be recorded and made available for purchase approximately two weeks after the live event. The recordings cost is \$25 for ISSTD members and \$45 for non-members. The webinar recording can be accessed on the CE-Credit.com website or in ISSTDWorld for ISSTD members. Exam fees for Continuing Education credits start at an additional \$10.46.

CE Learning Systems is a co-sponsor of this event. The webinar is pending approval for 1.5 credits (APA only).

References

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