Abstract: Dissociative children and adolescents often present with a plethora of comorbid symptoms that can cause severe impairment in attention, relationships, school adjustment, and self-control. Some disturbing behaviors, such as obsessive-compulsive disorders, eating disorders, substance abuse, and destructive, suicidal or homicidal behaviors, can be very dangerous and often difficult to manage. These behaviors can take center stage in the treatment trajectory and be very resistant to typical interventions. Often, these children’s placements are disrupted, and they cycle through residential, psychiatric hospitals, foster and
adoptive homes with little improvement. Increased dosages and varied medications are prescribed with little efficacy.

This workshop will describe when and how to target these disturbing and resistant symptoms while exploring dissociative mechanisms that are driving the symptoms. Examining internal dynamics of often hidden states, origin of past, unresolved traumas and environmental stressors that contribute and perpetuate these symptoms will be discussed. Creative Intervention strategies that uncover and treat these symptoms will be described. A careful analysis of the use of medications that targets the most disruptive symptoms with consideration of internal and external dynamics impacting the behaviors, and how to administer them safely will be described. Clinical vignettes, artwork, and videos will illustrate the process of treatment.

Objectives
Upon completion of this webinar participants will be able to:

- Learn how to recognize dissociative mechanisms that are driving the symptoms
- Learn how to interview the child for hidden states that carry the symptoms
- Learn creative strategies to stabilize the child to minimize disturbing behaviors
- Learn how to assess internal and external dynamics impacting the child’s behaviors for appropriate use of medication
- Learn how to properly administer medication and special procedures with dissociative children

References


Can’t Make It?
If your schedule won’t allow for you to attend, the webinar will be recorded and made available for purchase approximately three weeks after the live event. The recordings cost is $25 for ISSTD Members and $45 for non-members. The webinar recording can be accessed on the CE-Credit.com website or in ISSTDWorld for ISSTD members. Exam fees for Continuing Education credits start at an additional $10.46.

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