

Integrative Techniques in the Treatment of Dissociative Identity Disorders (DID)

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Presenter: Peter Maves, PhD



Presenter Biography: Dr. Maves is a Licensed Clinical Psychologist, practicing in Longmont, Colorado since 1982, specializing in the treatment of complex trauma and dissociative disorders. He is a graduate of the University of Colorado at Boulder and the former Assistant Director of the Emergency Psychiatric Service of Boulder. He was the Clinical Director of Adams Community Mental Health Center and developed and was the Clinical Director of Centennial Peak's Hospital's Trauma and Dissociative Disorders Treatment Program. He was the Clinical Director of Columbine Hospital's National Trauma Center. Dr. Maves has served as a Practice Monitor for the Grievance Board, State of Colorado and was an oral

licensing examiner for the Colorado State Board of Psychologist Examiners, Department of Regulatory Agencies. Dr. Maves is a frequent presenter at national and international conferences on the treatment of complex trauma, dissociative disorders, traumatic brain injuries and military trauma. He is a Clinical Instructor at the University of Colorado at Boulder, supervising Ph.D. graduate students in Clinical Psychology. He is a Fellow and Board member of the International Society for the Study of Trauma and Dissociation, a Diplomate in Clinical Forensic Counseling and a member of the European Society for Trauma and Dissociation.

Abstract: It is generally felt that the treatment of dissociative identity disorder (DID) should proceed through a series of steps or phases, in a rough chronological order, which eventually leads to a final fusion or integration of the patient/client's ego states. In a general sense these stages or phases move from accurate diagnosis, with some acceptance of the diagnosis, through a variety of communication stages of alter states, working through or metabolizing traumatic memories and feelings and then an integration, with the acquisition of non-dissociative defenses for more adaptive living. This presentation will review the integration literature and then present a range of integration, consolidation interventions and strategies, including approaches that utilize time-effective and paradoxical methods. Emphasis will be placed upon the timing of interventions, the drawbacks of some approaches, realistic expectations for treatment and an examination of how the tone of treatment changes during the final phases. Case questions will be encouraged to promote participant involvement.

Objectives

Upon Completion of this webinar, participants will be able to:

- Discuss the literature on integration approaches for dissociative identity disorder (DID) and how these approaches have evolved
- Describe the range of integration and consolidation strategies for the treatment of dissociative identity disorder (DID)
- Apply unique, time-effective integration methods for use in special case treatment situations of dissociative identity disorder (DID)
- Describe timing aspects of when to utilize consolidation and integration interventions in the treatment of dissociative identity disorder (DID)

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