



**Presentation Title:** My Brain Doesn't Work So They Want to Kill Me: How do Children and Adults with an Intellectual Disability Deal with Trauma?

**Presentation Time:** 10:00 AM - 11:30 AM US Eastern Time

**Content Level:** Beginning/Introductory

**Abstract:** The very existence of a disability can in itself be traumatic, leading to stigma, Ableism, violence and abuse .at the same time , attempts to process trauma and behavioural communications can be ascribed wrongly to the disability . This clinical paper shows how Disability Psychotherapy enables the understanding and processing of complex trauma and dissociation.

**Learning Objectives:**

At the conclusion of this presentation, participants will be able to:

- Describe the emotional problems of intellectual disability
- Describe how intellectual disability can be a trauma in itself
- Discuss the combination of trauma and disability
- List the key aspects of disability Therapy

**Presenter(s)**

**Valerie Sinason, PhD**

Valerie Sinason is a UK poet, writer, child and adolescent psychotherapist and adult psychoanalyst. She has published over 200 papers and 15 books focussing on trauma, dissociation and disability . A former consultant psychotherapist at the Tavistock Clinic and St Georges Hospital in London she founded the Clinic for Dissociative Studies where she is now Patron . She is President of the Institute of Psychotherapy and Disability, a Board member of the ISSTD and was given the ISSTD 2016 Lifetime Achievement Award.

**Continuing Education**

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