Presentation Title: How do Children and Adults with an Intellectual Disability Deal with Trauma?

Presentation Time: 10:00 AM - 11:30 AM US Eastern Time

Content Level: Beginning/Introductory

Abstract: The very existence of a disability can in itself be traumatic, leading to stigma, Ableism, violence and abuse. At the same time, attempts to process trauma and behavioural communications can be ascribed wrongly to the disability. This clinical paper shows how Disability Psychotherapy enables the understanding and processing of complex trauma and dissociation.

Learning Objectives:
At the conclusion of this presentation, participants will be able to:

- Describe the emotional problems of intellectual disability
- Describe how intellectual disability can be a trauma in itself
- Discuss the combination of trauma and disability
- List the key aspects of disability Therapy

Presenter(s)

Valerie Sinason, PhD
Valerie Sinason is a UK poet, writer, child and adolescent psychotherapist and adult psychoanalyst. She has published over 200 papers and 15 books focussing on trauma, dissociation and disability. A former consultant psychotherapist at the Tavistock Clinic and St Georges Hospital in London she founded the Clinic for Dissociative Studies where she is now Patron. She is President of the Institute of Psychotherapy and Disability, a Board member of the ISSTD and was given the ISSTD 2016 Lifetime Achievement Award.

Continuing Education
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