

How To Work With Persecutory and Malevolent Introject Alters

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Presenter: Colin A. Ross, MD



Presenter Biography: Colin A. Ross received his M.D. from the University of Alberta in 1981 and completed his psychiatry training at the University of Manitoba in 1985. He has been running a Trauma Program in the Dallas, Texas area since. His Texas Trauma Program moved to UBH Denton in September, 2015. Dr. Ross is the author of 35 books and over 250 professional papers and is a Past President of the International Society for the Study of Trauma and Dissociation. Dr. Ross has spoken widely throughout North America and in Europe, China, Malaysia, Australia and New Zealand. Besides his psychiatric research and writing, Dr. Ross has written poetry, short stories, essays, aphorisms, creative non-fiction, and screenplays.

Content Level: Intermediate

Potential to Distress: Yes

Abstract: In this webinar, Dr. Ross will explain the origins and roles of malevolent and persecutory introject alters. They hold the fight component of fight-flight-freeze but have turned their anger on the other personalities and the body. They are commonly responsible for suicidal ideation and command hallucinations for suicide. It is essential to form a treatment alliance with persecutor alters as soon as possible. This can be done by: orienting them to the body and the present; validating their anger; getting the host personality to thank them for holding the anger; overcoming host resistance to accepting and soothing the persecutors; understanding the protective functions of persecutors; and helping them to have an expanded role in the system and in life, instead of just being angry. Treatment techniques will be illustrated through case examples.

Objectives

Upon Completion of this webinar, participants will be able to:

- Describe the key features of persecutor alters
- Describe the key functions of persecutor alters
- Describe the primary mammalian defense system of persecutor alters
- Describe strategies for forming a treatment alliance with persecutor alters
- Describe the role of persecutor alters in suicidal ideation

Can't Make it?

If your schedule won't allow for you to attend, the webinar will be recorded and made available for purchase approximately two weeks after the live event. The recordings cost is \$25 for ISSTD members and \$45 for non-members. The webinar recording can be accessed on the CE-Credit.com website or in ISSTDWorld for ISSTD members. Exam fees for Continuing Education credits start at an additional \$10.46.

References

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