



EMDR Therapy Training

Abstract

Since the development of EMDR therapy in the early 1990s, a large body of research has shown that it is efficacious for treating PTSD. Clinicians and researchers have also found positive treatment effects beyond PTSD for more complicated conditions. However, clinicians discovered early on that EMDR seemed to move patients with complex trauma into dysregulated states rather than towards the expected, adaptive resolution when targeting traumatic memories. Stories of uncontrolled abreactions, the unanticipated emergence of dissociated self-states, and subsequent destabilization leading to major setbacks or harm prompted some clinicians to dismiss EMDR as a viable treatment option for persons with dissociative features. Although some advanced EMDR therapy trainings and publications consider these complexities and potential risks, initial EMDR therapy training historically has not.

Consisting of four modules and a total of 81 didactic, practicum, and consultation hours, this training is the beginning of a learning journey in the practice of EMDR therapy to resolve unprocessed life experiences and resultant symptomatic disturbances. Over the course of the four modules, participants will learn the skills necessary to work with persons dealing with the 'simpler' trauma-related presentations in an EMDR therapy frame, as well as basic and intermediate foundational knowledge in assessment and treatment of persons experiencing pathological dissociation. Although participants will not learn to use the advanced EMDR therapy methods needed to treat persons with dissociative disorders, they will learn much about becoming attuned to the presence and forms of simple trauma, complex trauma, and dissociation. Context for the application of basic protocols for treating some issues faced by persons with more complex trauma histories will be addressed.

To aid different learning styles, the training will follow three fictitious, composite clients experiencing different severities of trauma and dissociation to illustrate the procedures of treatment with EMDR therapy. Francine Shapiro (2018, Chapter 4 and Appendices A and E) notes that some clients may not yet be ready, or may be inappropriate candidates, for EMDR therapy. Accordingly, both the standard 'red flags' for each of these composite clients and additional indications to proceed with caution will be highlighted.

The training is offered by members of the International Society for the Study of Trauma and Dissociation (ISSTD), approved by the Board of ISSTD, and accredited by the EMDR International Association (EMDRIA). At the conclusion of all four training modules and the required

consultation hours that comprise this training, participants will receive a certificate of completion, at which point they will be “EMDR therapy trained” clinicians. Participants will have had the opportunity to learn and practice the skills to determine client suitability and readiness for trauma accessing in general, and the use of EMDR therapy methods for containment, stabilization and trauma resolution for clients with simple and moderately complex trauma presentations, within their established area(s) of expertise.

Required Materials

- Shapiro, F. (2018). *Eye movement desensitization and reprocessing (Emdr) therapy: basic principles, protocols, and procedures*. New York: The Guilford Press.
- *ISSTD EMDR Therapy Training Manual (provided at no additional cost)*

Preparatory Reading

Prior to each training module, we recommend that participants prepare by completing the following minimum reading from the required text:

Shapiro, F. (2018). *Eye movement desensitization and reprocessing (Emdr) therapy: basic principles, protocols, and procedures*. New York: The Guilford Press.

- Module I:
 - Chapter 1, Background (pp. 1-24)
 - Chapter 2, Adaptive Information Processing: The Model as a Working Hypothesis (pp. 25-51)
 - Chapter 3, Components of EMDR Therapy and Basic Treatment Effects (pp. 65-71 only)
 - Chapter 4, Phase One: Client History (pp. 85-112)
 - Chapter 6, Phases Four to Seven: Desensitization, Installation, Body Scan, and Closure (Phase Seven, pp. 155-159 only)
 - Chapter 12, Theory, Research, and Clinical Implications (pp. 349-428)
- Module II:
 - Chapter 5, Phases Two and Three: Preparation and Assessment (pp. 113-135)
 - Chapter 6, Phases Four to Seven: Desensitization, Installation, Body Scan, and Closure (pp. 136-161)
 - Chapter 7, Working with Abreaction and Blocks (pp. 162-190)
 - Chapter 8, Phase Eight: Reevaluation and Use of the EMDR Therapy Standard Three-Pronged Protocol
 - Chapter 11, Selected Populations (pp. 283-348)
- Module III:
 - Chapter 10, The Cognitive Interweave: A Proactive Strategy for Working with Challenging Client
 - Chapter 9, Standardized Protocols and Procedures for Special Situations (pp. 213-255)

- Module IV:
 - Appendix E. Client Safety, EMDR Dissociative Disorders Task Force Recommended Guidelines: A General Guide to EMDR's Use in the Dissociative Disorders (pp. 498-502)

Content Level

- Modules I & II: Introductory/Beginner
- Modules III & IV: Intermediate

Learning Objectives

Module I

Day One

- Define simple trauma, complex trauma, and traumatic dissociation
- Name at least five characteristics, clinical signs, or symptoms of traumatic dissociation
- Describe the Polyvagal Theory and its contribution to understandings about EMDR therapy and dissociative processes
- Define the elements of the Window of Tolerance framework and its relevance for understanding autonomic nervous system arousal, survival and defensive responses, and attachment challenges
- Define EMDR therapy
- Name, and provide a brief description for, the eight phases and three prongs of EMDR therapy
- Describe the major features of the Adaptive Information Processing (AIP) model that informs case conceptualization and treatment in EMDR therapy

Module I

Day Two

- Name, and provide a brief description for, the three stages of trauma treatment
- Name at least three 'Red Flags' for pathological dissociation
- Identify at least five trauma-related screening and assessment options
- Describe how to score the Dissociative Experiences Scale (DES-II)

Module II

Day Three

- Define Dual Attention Stimulus (DAS) and name three forms typically used in EMDR therapy
- Name at least two strategies for stabilizing and containing traumatic material
- Name and describe the seven elements of EMDR Phase III: Assessment
- Name and describe the purpose of the three reprocessing phases of EMDR therapy

- Describe the difference between complete and incomplete Closure of an EMDR therapy reprocessing session

Module II

Day Four

- Name at least two potential challenges that can surface in EMDR Phase III: Assessment
- Name three strategies to link to explicitly held experience to support continued reprocessing in EMDR therapy
- Name and briefly describe the three domains of experience for Negative and Positive Cognitions in EMDR therapy
- Describe the purpose of Phase VIII in EMDR therapy, and identify when it occurs
- Name and briefly describe three unexpected, and potentially unfavorable, post-processing effects in EMDR therapy

Module II

Day Five

- Name three interventions to help a client manage intrusive/disturbing images during EMDR therapy reprocessing
- Name at least three signs that client may have exceeded their Window of Tolerance
- Name at least one intervention to aid a client with simple trauma/wounding remain alert and 'grounded'
- Name at least one intervention that can help a client with intrusive dissociative symptoms remain 'grounded'
- Describe the purpose and main elements of a Future Template

Module III

Day Six

- Name and describe 5 target selection approaches in EMDR therapy
- Recognize 3 indicators of blocked processing in Desensitization/Phase IV of EMDR Therapy
- Name and describe 3 interventions to address blocked processing in Desensitization/Phase IV
- Articulate the function of a cognitive interweave, and when to use this intervention
- Describe the process of Reevaluation/Phase VII within each of the 3 Prong

Module III

Day Seven

- Recognize and describe the difference between EMDR, EMDr, and EMD
- List the basic steps of utilizing the Recent Traumatic Events protocol

- Articulate the rationale for 'fractionating' a target
- Describe the difference between a future template and future rehearsal
- List the basic steps involved in setting up a 3-Prong treatment plan

Module III

Day Eight

- Successfully address a current life issue through application of a 3-Prong treatment plan
- List at least four specific issues or situations for which there are established specialized EMDR protocols available
- List at least four populations which have been the subject of EMDR research and publications
- Describe the scope and limitations of self-use applications of EMDR therapy

Module IV

Day Nine

- Name at least three indicators of readiness for standard EMDR therapy
- Describe at least 3 strategies to aid recognizing and addressing over-accessing or over-activation of traumatic material
- Describe at least 3 additional tools to evaluate diagnostic evaluation in Phase I
- Identify when to apply extended Preparation/Phase II in EMDR therapy for more complex presentations

Module IV

Day Ten

- Articulate three ways History Taking/Phase I differs for clients presenting with histories of complex trauma
- Describe the difference between first-level and second-level interventions in Preparation/Phase II
- Describe modifications to treatment planning based on simple PTSD, complex trauma, and dissociative case presentation examples
- Describe at least three potential legal and ethical issues that commonly arise in application of EMDR therapy

Detailed Agenda | Timed Outline

MODULE I - Two days via online live interactive webinar format (12 hours didactic, 1 hour practicum)

Module I - Day One (6.5 hours didactic)

9:30am - 10:00am (30 min): Welcome and Overview

- What to Expect in Module I
- A (very) brief timeline of the study of trauma and dissociation
- Seeing and Not Seeing Dissociation: Myths and Facts
- Our Approach in this Training

10:00am - 11:00am (60 min): What is Trauma? What Becomes Trauma, and Why?

- Basic Hardware of the Brain (**pp. 10-11**)
- The Window of Tolerance Model, and How Our Brain Responds When We're Overwhelmed (**pp. 14-15**)
- Attachment, Neuroception, and the Polyvagal Theory (**pp. 12-14**)
- Trauma and Posttraumatic Stress (**pp. 16-22**)

11:00am - 11:15am (15 min): Break

11:15am – 12:45pm (90 min): Overview of EMDR Therapy & the AIP Model

- History and origins of EMDR therapy (**p. 51**)
- Adaptive Information Processing (AIP) Model (**pp. 52-55**)
- Clinical Implications of the AIP Model (**pp. 56-57**)
- EMDR Therapy Meets Dissociation (**pp. 67-68**)
- The Eight Phases of EMDR Therapy (**p. 68**)

12:45pm - 1:45pm (60 min): Lunch Break

1:45pm – 2:30pm (45 min): Beyond PTSD: Complex Trauma, Dissociation, and the Dissociative Disorders

- What is Complex Trauma?
- What is Dissociation? (**pp. 23-25**)
- DSM-5 Classifications and Comorbidity (**pp. 26-31**)
- Different Cultures, Different Understandings of Trauma and Dissociation (**p. 32**)

2:30pm – 3:15pm (45 min): An Overview of the Diagnosis and Treatment of Complex Trauma and Dissociation

- Three Stages of Trauma Treatment (**pp. 33-36**)
- Treatment Trajectories (**p. 37**)
- Working Models of Dissociation (**pp. 37-43**)

3:15pm - 3:30pm (15 min): Break

3:30pm - 5:00pm (90 min): EMDR Therapy Mechanisms of Action and Clinical Outcomes (**pp. 58-63**)

- Hypothesized mechanisms of action (**pp. 58-59**)
- Neurobiological studies (**pp. 61-62**)
- Are eye movements necessary? (**p. 61**)
- Clinical outcome studies (**pp. 62-63 and Appendix E**)
- What sets the AIP model and EMDR therapy apart? (**pp. 64-66**)

5:00pm - 5:30pm (30 min): Questions and Day 1 Wrap-Up

Module I - Day Two (5.5 hours didactic, 1 hour practicum)

9:30am - 9:45am (15 min): Review from Day 1/Q&A

9:45am - 10:00am (15 min): What's the Frame: Starting Therapy Safely (Stage 1, Phase I) (**pp. 69-70**)

10:00am – 11:00am (60 min): Eight Phases of EMDR Therapy: Phase I (**p. 71-75**)

11:00am - 11:15am (15 min): Break

11:15am – 12:45pm (90 min): Screening for and Assessing Trauma-Related Symptoms (pp. 76-80)

- Screening, and How Dissociation May Show Up in Your Office (**pp. 45-49**)
- A Brief Introduction the Dissociative Experiences Scale (DES-II)
- Diagnostic Instruments
- A Brief Introduction to the Multidimensional Inventory of Dissociation (**p. 79**)

12:45pm - 1:45pm (60 min): Lunch Break

1:45pm – 2:15pm (30 min): Screening for Pathological Dissociation and the DES

- How to Score the DES, the DES Taxon and Sub-scales
- Interpreting the Results in the Context of Known History and Presentation
- Follow-Up Interview: Why Knowing About Dissociation Matters

2:15pm – 3:15pm (60 min): Practicum #1: Self-Administering/Scoring the DES

- Self-administration of DES
- Scoring, including the DES Taxon and Sub-scales
- Reflecting on the experience of completing the DES

3:15pm - 3:30pm (15 min): Break

3:30pm - 4:15pm (45 min): History Taking: Pablo (Large Group)

4:15pm - 4:45pm (30 min): Phase VII: Closure (**pp. 138-142**)

- Using the Container
- TICES Log

4:45pm - 5:15pm (30 min): Integrating the Three Stages and EMDR Phases I and VII into Your Practice

- Client Readiness and Moving Forward (**p. 81**)
- Scope of Practice (**refer to pp. 152-154**)

5:15pm - 5:30pm (15) - Q&A and Module 1 Wrap-Up

- Tasks to Complete for Consultation #1
- Closure (Container Exercise)

CONSULTATION #1 (2 hrs; time/date as scheduled)

- Phase I: Diagnostic Workup and History Taking
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MODULE II – Three days in person format. (9.25 hours didactic; 12.25 hours practicum)

Module II – Day One (5 hours didactic; 2.5 hours practicum)

8:30am - 9:00am (30 min): Review from Module I - Distillation of Phase I in AIP Frame

9:00am - 9:45am (45 min): Phase II: Preparation (for trauma resolution) (pp. 85-94)

- Educating the client: explaining the procedures and effects in EMDR therapy (including DAS)
- Evaluating and widening the Window of Tolerance (Calm/Safe Place)
- Instruction for virtual or remote sessions and how to use DAS remotely

9:45 am – 10:15 am (30 min): Preparation Decision Tree

- Discussion of example client: Pablo • Q&A

10:15am - 10:30am (15 min): Break

10:30am - 11:00am (30 min): Demo/Video: Preparation/Resourcing

- Calm Place (standard, for non-dissociative persons + what to do if person can't calm)
- Q&A

11:00am - 12:00pm (60 min): **Practicum #2:** Preparation/Resourcing (1.0 hr)

- Break-out groups - Introductions, what are we doing? (10 min)
- Calm Place - Triads (50 min)

12:00pm - 1:00pm (60 min): Lunch Break

1:00pm - 1:30pm (35 min): Phase III: Assessment (Activation of Trauma Memory) (**pp. 98-107**)

1:30pm - 2:30pm (45 min): Reprocessing: Phases IV, V, and VI (**pp. 113-127, p. 134, p. 136**)

2:30pm - 2:45pm (5 min): Review/Questions

2:45pm - 3:00pm (15 min): Break

3:00pm - 3:15pm (15 min): Phase VII: Closure (**pp. 138-141**)

3:15pm - 3:45 pm (30 min): VIDEO: Phases III-VII

3:45pm - 5:15pm (90 min): **Practicum #3:** Target Setup and Eye Movements/DAS (1.5 hrs)

- Break-out groups - what are we doing? (5 min)
- Target Setup with Vignettes (90 min)
- Setting up eye movements/DAS (40 min)
- Q & A with facilitators

5:15pm - 5:30pm (15 min): Day 1 Wrap-up (small groups)

Module II - Day Two (1.75 hours didactic; 5.75 hours practicum)

8:30am - 8:45am (15 min): Q&A and Day 1 Recap

8:45am - 9:15am (30 min): Phase III – Assessment revisited – Selecting appropriate target memories for current level of training.

9:15am - 9:45am (30 min): Phase VIII: Reevaluation (**pp. 144-146**)

9:45am - 10:15am (30 min): Present and Future Prongs (**pp. 147-148**). Case Presentation Example.

10:15am - 10:30am (15 min): Break

10:30am - 12:00pm (90 min): **Practicum #4:** Phases III-VII (1.5 hrs)

- Small Groups: what are we doing? (5 min)
- Triads: past prong (85 min)

12:00pm - 1:00pm (60 min): Lunch Break

1:00pm - 5:30pm (255 min): **Practicum #4 (cont'd):** Phase VIII; Phases III-VII (4.25 hrs + 15 min floating break)

- Triads: past/present prong
- Practicum #5: Phase VII: Closure
- Q&A and Day Two Wrap-Up: Successes and Challenges (small groups)

Module II - Day Three (2.5 hours didactic; 4.0 hours practicum)

8:30am - 9:00am (30 min): Q&A and Day 2 Review

9:00am - 10:15am (75 min): An EMDR Therapy 'First Aid' Kit (**pp. 150-151**)

10:15am - 10:30am (15 min): Break

10:30am - 12:00pm (90 min): **Practicum #4** (cont'd): Phase VIII; Phases III-VII (1.5 hrs)

- Triads: Past/Present Prong

12:00pm - 1:00pm (60 min): Lunch Break

1:00pm - 3:45pm (150 min): **Practicum #4** (cont'd): Future Template (2.5 hrs + 15 min floating break)

- Triads: Future Prong

3:45pm - 4:15 pm (30 min): Professional and Legal Issues (**pp. 152-154**)

4:15pm - 4:30pm (45 min): Q&A and Day 3 Wrap-Up (large group)

- Instruction for practice, consultations

CONSULTATION #2 (2 hrs) and #3 (2 hrs) *Time/date as scheduled*

- Phase I: History Taking and Phase II: Preparation (required)
- Phases III-VII: Reprocessing a Single Target Memory (time allowing)

CONSULTATION #3 (2 hrs) *Time/date as scheduled*

- Phases III-VII: Reprocessing a Single Target Memory (required)
- Phase VIII: Reevaluation (time allowing)

MODULE III - Three days in-person format. (13.5 hours didactic; 9 hours practicum)

Module III - Day One (6.75 hours didactic; .75 hour practicum)

8:30am - 9:00am (30 min): Overview of Module III

9:00am - 10:30am (90 min): Selecting the Target Memory: Zooming In (**p. 76, pp. 98-101, plus handout**)

10:30am - 10:45am (15 min): Break

10:45am - 12:15pm (90 min): Phase III: Assessment: Review & Digging Deeper (**pp. 108-112**)

12:15pm - 1:15pm (60 min): Lunch Break

1:15pm - 2:15pm (60 min): Interweaves: When the Train Has Ground to a Halt (**pp. 130-132**)

2:15pm - 3:00pm (45 min): **Practicum #6:** Cognitive Interweave (.75 hrs)

- Small group exercise: cognitive interweaves w/vignettes

3:00pm - 3:15pm (15 min): **Break**

3:15pm - 4:15pm (60 min): Phase VIII: Reevaluation - Review and Digging Deeper (**pp.144-147**)

- After a complete session, incomplete session, past prong, present prong, after a completed 3-prong treatment plan

4:15pm - 4:45pm (30 min): Future Prong - Future Target, Future Template, Future Rehearsal (**p. 148, worksheet**)

4:45pm - 5:15pm (30 min): Case Example - 3 Prongs with Pablo

5:15pm - 5:30pm (15 min): Q&A and Day 1 Wrap-up

Module III - Day Two (2.25 hours didactic; 5.25 hours practicum)

8:30am – 8:45am (15 min): Q&A and Day 2 Overview

8:45am – 10:00am (75 min): Applications of EMDR Beyond PTSD (**pp. 154-161**)

- Protocols and procedures for special situations (EMD, EMDr)
- When to use, restrict generalization and scope of processing
- Protocols for recent traumatic events
- When to use, when fractionation is necessary, when memory is not consolidated
- Self-use

10:00am – 10:30am (30 min): 3-Prong Treatment Planning

10:30am - 10:45am (15 min): **Break**

10:45am - 12:15pm (90 min): **Practicum #7:** 3-Prong Treatment Plan (1.5 hrs)

- Successfully address a current life issue with EMDR therapy
- Issue-driven 3-prong treatment plan
- Triads: each complete phases I-VI on past prong, then rotate

12:15pm - 1:15pm (60 min): **Lunch Break**

1:15pm - 5:15pm (225 min): **Practicum #7 cont'd** (3.75 hrs + 15 min floating break)

- Continue past prong rotations
- Triads: once all past prongs complete, rotate through again to address phase VIII: Reevaluation, present and future.
- Practice phase VII: Closure

5:15pm - 5:30pm (15 min): Q&A and Day Two Wrap-Up (small groups)

Module III - Day 3 (4.5 hours didactic; 3 hours practicum)

8:30am – 8:45am (15 min): Q&A and Day 3 Overview

8:45am – 9:30am (45 min): Protocols for Diagnoses other than PTSD (**p. 162, Appendix E**)

- Addictions, anxiety and phobias, couples, illness and somatic disorders, grief, self-use, groups, performance enhancement
- Q&A

9:30am – 10:30am (45 min): Working with Specific Populations (**pp. 162-163, Appendix E**)

- Children, couples, sexual abuse victims, complex PTSD/DESNOS, dissociative clients, military personnel, first responders, combat vets

10:30am - 10:45am (15 min): Break

10:45am - 12:15pm (90 min): Live demo session: Phases II-VII

12:15pm - 1:15pm (60 min): Lunch Break

1:15pm - 4:30pm (180 min): **Practicum #8** (3 hrs + 15 minute floating break)

- Triads: practice phase VII: Reevaluation, resume treatment plan
- Goal = completion of 3 prongs w/issue identified
- Practice Phase VIII: Closure
- Closure/containment/debrief (15 min)

4:30pm - 5:00pm (30 min): Facilitated group closure exercise

- Next steps
- Completing consultation, expectations for case practice/presentation

5:00pm - 5:30pm (30 min): Q&A, Evaluation, and Day Three Wrap-Up (large group)

CONSULTATION #4 (2 hrs) **and #5** (2 hrs) *Time/date as scheduled*

- Knowledge consolidation/practice learning of 8-phase standard protocol, 3 prongs, cognitive interweaves

Module IV – Two days via online live interactive webinar format (12 hours didactic)

Module IV - Day 1 (6 hours didactic)

9:30am - 10:00am (45 min): Review of Modules I-III

- Review three stages of complex trauma treatment (**pp. 33-37**)

10:00am – 11:00am (45min): What if Your Client Isn't Pablo: Elise and Carol

- Discussion of example clients: introduction to Elise and Carol (**pp. 50, 82-84, 94, 106,170-173**)
- Shapiro's 'Red Flags' in the context of dissociative phobias (**pp. 45-46**)
- Additional tools for diagnostic evaluation: review (**p. 80**)

11:00am - 11:15am (15 min): Break

11:15am - 12:45pm (90 min): Advanced Considerations (Phases II-IV)

- Phase II: Preparation (**pp. 96-97**)
- Phase III: Assessment (**pp. 109-112**)
- Phase IV: Desensitization (**Troubleshooting sections pp. 114-122; p. 133**)

12:45pm - 1:45pm (60 min): Lunch Break

1:45pm – 2:30 pm (45 min): Advanced Considerations (Phases V-VIII) cont'd

- Phase V: Installation (**p. 135**)
- Phase VI: Body Scan (**p. 136-137**)
- Phase VII: Closure (**pp. 142-143**)
- Phase VIII: Reevaluation (**p. 146**)

2:30pm – 3:15 pm (45 min) - State Change vs. Trait Change & 3 Dimensions of Experience (**pp. 148-149**)

- Revisit: what sets the AIP model and EMDR therapy apart? (**pp. 64-65**)
- Integrating what you're learning with what you already know

3:15pm - 3:30pm (15 min): Break

3:30pm - 5:00pm (90 min): Formal Screening and Diagnostic Evaluation: Elise and Carol (small groups)

- Elise: Red flags, screening, and diagnostic results
- Carol: Red flags, screening, and diagnostic results

Module IV - Day Two (6 hours didactic)

9:30am - 11:00am (90 min): Overview of Established Modifications of EMDR Therapy for Complex Trauma and the Dissociative Disorders (**pp. 164-170**)

- Stage 1 – stabilization and containment
- Stage 2 – memory processing techniques to reduce dissociation
- Modified EMDR therapy interventions spanning all 3 stages of trauma treatment

11:00am - 11:15am (15 min): Break

11:15am – 11:45 am (30 min): History Taking: Elise and Carol (small groups)

- Review: working models of dissociation (**pp. 37-49**)
- What could you do in the context of EMDR therapy at this point?

11:45am - 12:15pm (30 min): Treatment Planning: Elise and Carol (small groups)

- What could you do in the context of EMDR therapy at this point?

12:15- 12:45 (30 min): Discussion - History taking and treatment planning with Elise and Carol (large group)

12:45pm - 1:45pm (60 min): Lunch Break

1:45pm - 2:30pm (45 min): Phase II: Preparation for Elise and Carol

- Based on the Red Flags, symptoms, advanced considerations, established modifications

2:30pm – 3:15pm (45 min): EMD – Example – Employing EMD with Elise (**pp.154-160**)

3:15pm - 3:30pm (15 min): Break

3:30pm - 4:45 pm (75 min): Professional and Legal Issues: Case Vignettes (**pp. 152-154**)

4:45pm - 5:00pm (15 min): Q&A and Module III Wrap-Up

CONSULTATION #6 (2 hrs) *Time/date as scheduled*

- Knowledge consolidation/practice learning of 8-phase standard protocol, 3 prongs

Didactic learning: 46.75 hours

Practicum learning: 22.25 hours (**not eligible for CE credit**)

Consultation: 12 hours (**not eligible for CE credit**)

Training Total: 81 hours