

Toronto Regional Conference

An Introduction to the Multidimensional Inventory of Dissociation

October 1, 2021 | 2:00 PM – 5:30 PM



Presenter: D Michael Coy, MA, LICSW

Presenter Biography: Since 2016, Michael has collaborated with Jennifer Madere and Multidimensional Inventory of Dissociation developer Paul F. Dell, PhD, to make the MID more accessible. He co-authored the MID Interpretive Manual, 3rd Edition, and manages the MID Analysis and MID website. Since 2017, Jennifer and Michael have taught hundreds of clinicians how to employ the MID, both in the US and internationally.

Michael has been a member of the Board of Directors of the International Society for the Study of Trauma and Dissociation (ISSTD) since 2017, and became Treasurer in 2018, a role in which he continues to serve. From 2017-2020, Michael co-chaired the EMDR Therapy Training Task Group, which created ISSTD's EMDR therapy 'basic' training. He now co-chairs the EMDR Therapy Training Committee and co-teaches the training.

More recently, Michael has presented original material, in the form of the EMDR Introject Decathexis (Id) Protocol, to unbind perpetrator parts from their traumatic wounding and harming behaviors, as well as a framework for recognizing, contextualizing, and resolving clients' dissociated memory material communicated non-verbally through dissociative attunement. He also provides consultation on the use of the MID and clinical practice with complex clients more generally, as well as O'Shea and Paulsen's Early Trauma Approach, in individual and group formats.

Michael holds a Master of Arts in Clinical Social Work from the University of Chicago. He maintains a private practice in Bremerton, Washington, USA.

Content Level: Beginning/Introductory

Potential to Distress: No

Abstract: The Multidimensional Inventory of Dissociation (MID) has become a valuable assessment tool for trauma-focused clinicians--and EMDR practitioners in particular--both to determine the presence of 'pathological' dissociation and to develop more fine-grained interventions for preparation and successful trauma accessing/resolution. The MID is a 218-item, self-administered instrument with 168 dissociation items and 50 validity items developed by Paul F. Dell, PhD (2006, 2011). The MID reliably differentiates and offers diagnostic impressions for Posttraumatic Stress Disorder; Posttraumatic Stress Disorder, Dissociative Subtype; Other Specified Dissociative Disorder; Dissociative Identity Disorder; Functional Neurological Symptom Disorder; and, Borderline Personality Disorder.

Participants will learn to administer and score the MID; navigate the MID Analysis to enter data, interpret results, and conduct a follow-up interview; and begin to understand how the information offered up by the MID Report may influence treatment. Implications for stabilization and potential markers for readiness for trauma accessing in an EMDR therapy frame will be offered.

Timed Outline:

- 5 Minutes – Myths and Facts about Dissociation
- 5 Minutes – MID: At-A-Glance
- 10 Minutes – Key MID Concepts: Mindset and 23 Symptoms
- 10 Minutes – Introduction to the MID Documents
- 10 Minutes – Administering the MID: Why, When, and What
- 40 Minutes – Overview of the MID Report
- 10 Minutes – Q&A

30 Minutes – Break

10 Minutes – Understanding the MID Report

20 Minutes – The Extended MID Report

10 Minutes – Reading and Understanding the MID Report Line and Bar Graphs

10 Minutes – Making Sense of the Initial MID Results – Developing Hypotheses and Questions

10 Minutes – Preparing for, Conducting, and Concluding the Follow-up Interview

5 Minutes – Factors Impacting the Capacity to Report

5 Minutes – Additional Uses and Settings

15 Minutes – Q&A and Wrap-Up

Objectives

Upon Completion of this presentation, participants will be able to:

- Describe and identify key indicators to assess further for pathological dissociation early in treatment (before trauma accessing), and when concerns arise throughout treatment
- Complete administration, scoring, and navigation of the MID Analysis to input client responses, view and interpret results of the MID Report, and perform a clinical interview to clarify results of the assessment and direction of treatment
- Describe several unique applications of the MID Report, based on case examples, and how the MID can be used to clarify diagnosis and guide treatment planning in both clinical and consultation roles

References

Laddis, A., Dell, P. F., & Korzekwa, M. (2017). Comparing the symptoms and mechanisms of “dissociation” in dissociative identity disorder and borderline personality disorder. *Journal of Trauma & Dissociation*, 18(2), 139-173.

Dell, P. F. (2019). Reconsidering the autohypnotic model of the dissociative disorders. *Journal of Trauma & Dissociation*, 20(1), 48-78.

Dell, P. F. (2017). Is high hypnotizability a necessary diathesis for pathological dissociation? *Journal of Trauma & Dissociation*, 18(1), 58-87.

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