

## Toronto Regional Conference

### Time Effective Intervention Techniques for Crisis Management in the Treatment of Dissociative Disorders

October 2, 2021 | 1:30PM – 3:00 PM



**Presenter:** Peter A. Maves, PhD

**Presenter Biography:** Peter Maves, PhD is a Licensed Clinical Psychologist, practicing in Longmont, Colorado since 1982, specializing in the treatment of complex trauma and dissociative disorders. He completed his PhD in Clinical Psychology at the University of Colorado at Boulder in 1982 and is the former Assistant Director of the Emergency Psychiatric Service of Boulder. He was the Clinical Director of Adams Community Mental Health Center and developed and was the Clinical Director of Centennial Peak's Hospital's Trauma and Dissociative Disorders Treatment Program. He was the Clinical Director of Columbine Hospital's National Trauma Center. Dr. Maves has served as a Practice Monitor for the Grievance Board, State of Colorado and was an oral licensing examiner for the Colorado State Board of Psychologist

Examiners, Department of Regulatory Agencies. Dr. Maves is a frequent presenter at national and international conferences on the treatment of complex trauma, dissociative disorders, traumatic brain injuries and military trauma. He is a Clinical Instructor at the University of Colorado at Boulder, supervising PhD graduate students in Clinical Psychology. He is a Fellow and Board member of the International Society for the Study of Trauma and Dissociation, a Diplomat in Clinical Forensic Counseling and a member of the European Society for Trauma and Dissociation.

**Content Level:** Intermediate

**Potential to Distress:** No

**Abstract:** The treatment of dissociative disorders is a complex endeavor which requires the application of specialized techniques and an understanding of an elaborate sequence of defensive behaviors. While ongoing weekly sessions with dissociative disordered clients usually present unique and compelling treatment conditions, the intensity of these conditions typically magnify under emergency and crisis situations. This presentation will provide a number of crisis intervention techniques to assist in not only managing the emergency but promote productive treatment progress.

#### Objectives

Upon Completion of this webinar, participants will be able to:

- Explain the distinction between emergency feelings and true emergencies
- Describe data on the epidemiology of DID
- Discuss the key aspects of crisis management for dissociative disorders
- Describe the dynamics of suicidal behavior and how to work with high level suicidal intent
- Explain the meaning of triggers and trigger management in crisis intervention
- Recognize how ACT principles can be effectively applied to crisis management

#### References

Bryan, C.J., & Rachel, M. D. (2016). The importance of temporal dynamics in the transitions from suicidal thought to behavior. *Clinical Psychology*, 23 (1), 21-25.

Courtet, P., & Lopez-Castroman, J. (2017). Antidepressants and suicide risk in depression. *World Psychiatry*, 16(3). 317-318.

Murtaza, S., Aoshina, A., Saunders, J., Shah, A.A., & Moakaddam, B. (2018). The treatment of psychiatric emergencies, *Psychiatric Annals*, 48(1), 28-35.

Şar, V., Önder, C., Kılınçaslan, A., Zorođlu, S. S., & Alyanak, B. (2014). Dissociative identity disorder among adolescents: Prevalence in a university psychiatric outpatient unit. *Journal of Trauma & Dissociation*, 15, 402-419.

## **Continuing Education**

### **APA**

The International Society for the Study of Trauma and Dissociation is approved by the American Psychological Association to sponsor continuing education for psychologists. The International Society for the Study of Trauma and Dissociation maintains responsibility for this program and its content.

This session is approved for 1.5 APA continuing education credits