

2023 Board of Directors Elections

Please review the candidate information for each position before casting your vote.
Elections will close November 15 at 11:59pm EST.

Office: President-Elect

There is one candidate nominated for this position

Peter Maves, PhD

Nominated by Rosita Cortizo and Jillian Hosey



Candidate Statement

I have been a member of ISSTD since 1985 and at that point in time it was the only source of information and education about complex trauma and dissociative conditions. I learned how to treat trauma from attending ISSTD's annual conferences and from the generosity of the presenters and experts who willingly gave of their time and knowledge. The conference afforded a chance to not only learn and interact, but also to gain support, since treating dissociation and DID at that time was a lonely endeavor.... misunderstood and maligned diagnoses, where those of us who treated DID and related conditions were viewed as ill-informed and many times, unprofessional. And my interest in becoming President is these same conditions can and do exist presently.

My focus is to promote understanding, provide education and awareness, support research and scholarly endeavors to greatly expand the concepts of complex trauma and dissociative conditions. I want to encourage and promote a continuing stream of education and training to a broader group of treating professionals and support research that brings complex trauma and dissociation into focus in many more arenas.

ISSTD has a template of trainings that are comprehensive and engaging.... our PTP program, Webinars, conferences, regional groups need continued support and involvement from our membership. Our encouragement to student members and emerging professional is critical. And to provide these programs and involvements, ISSTD needs financial stability and consistent management, which after many years of financial discipline and planning by our CEO and administrative group, the Finance Committee, and the Board of Directors, has been accomplished. My background is an unusual one for a Clinical Psychologist. My undergraduate degree is in Finance, and I was an institutional money manager, managing pension fund assets, for many years before I went back to school to gain my Ph.D. in Clinical Psychology. So, I can read a balance sheet and understand how crucial a solid financial position is to an organization. My interest in the ISSTD presidency is to continue the programs that are in place, expand our membership, maintain our financial stability, and continue to bring together like-minded professional of all disciplines in the study and treatment of complex trauma and dissociation.

ISSTD Involvement

I joined ISSTD in January, 1985 and have attended and presented at most of the annual conferences since that time. I have been involved with several ISSTD committees and programs, past and present. I was the Chair of the Marketing and Communications Committee before it evolved in the present Marketing Committee. I am a standing member of the Finance Committee and served on the Board of Directors for six years from 2015 to 2021. I was part of the Components Group Task Force and participated in the Components Group meeting each year at the annual conference. I sit on the annual Audit Committee review. I am the current Co-Chair of the Virtual and Regional Conference Committee and Chair of the Professional Training Program, where I also participate with the PTP Curriculum Review Team.

Professional Activities

While I was completing my Ph.D. at the University of Colorado at Boulder in Clinical Psychology, I served as the Assistant Director of the Boulder Community Mental Health Center's Emergency Psychiatric Service. After graduation, I managed an outpatient office of Adams Community Mental Health Center and eventually became their Clinical Director. I was then involved with starting a psychiatric hospital, Centennial Peaks Hospital, initially serving as the Director of Programs and Director of Psychology. I then developed and was Clinical Director of the hospital's Trauma and Dissociative Disorders treatment unit. I left Centennial Peaks and moved to become the Director of Columbine Hospital's National Trauma Treatment Center. Through this time, I was an examiner for the Colorado Department of Regulatory Agencies, developing questions for the licensing examination and serving as an examiner for the oral licensing exam. I also served as a Practice Monitor for psychologists who require supervision based upon grievance violations and served as a consultant for the Attorney General's office in cases of ethical violations. I organized and served as initial President of the Rocky Mountain Society for the Study of Trauma and Dissociation, a component group of ISSTD with over 250 members. I have been involved with law enforcement as the psychologist for the Boulder Sheriff's Department and providing psychological consultation for the Drug Enforcement Agency. I was an adjunct instructor in the Clinical Psychology Department at CU Boulder, supervising PhD students. I am a Clinically Certified Forensic Counselor and provide expert testimony for cases involving complex trauma and dissociation. I spent several years involved with Citizen Soldier, an advocacy organization assisting military service personnel with assessment, legal and treatment issues. I am currently in Private Practice specializing in the treatment of complex trauma and dissociative conditions.

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Office: Treasurer

There is one candidate nominated for this position

D Michael Coy, MA, LICSW

Nominated by Peter Maves and Adithy



Candidate Statement

In my previous candidate statement, I detailed my accomplishments to that point. Additionally, I stated that, should I be elected to the office of Treasurer following a two-year appointment to the role, I wanted to proceed with the following: 1) Developing 3-to-5 year budget projections that fully integrate with ISSTD's Strategic Plan, using measurable progress/achievement benchmarks; 2) Rolling out a Committee Financial Dashboard and a procedure for ensuring that all ISSTD committees with budget responsibility (those that either bring in money, spend it, or both) have ongoing awareness of the 'bottom line', so to ensure that the organization is meeting goals as stated in the Strategic Plan and specified, financially speaking, in the Annual Budget; 3) Redeveloping ISSTD's Fundraising Committee, which could develop and oversee initiatives for bringing funds into ISSTD to further our educational and outreach goals; 4) Developing a workflow and standard procedures for

financial decision-making within ISSTD to ensure that roles and responsibilities are clearly delineated amongst the Board of Directors, the Treasurer, the Executive Director, the Finance Committee, and outside interests such as accountants and auditors; and, 5) Further increasing financial transparency in relation to ISSTD's Membership. I feel proud to say that all of these objectives have been accomplished. In the next three years, I propose to further refine now-established policy and procedure, work to establish the next 3-year budget in 'lockstep' with the yet-to-be drafted 2024-2025 Strategic Plan, and develop clearer financial policy and procedure related to staffing. Additionally, with the pandemic, creativity in developing and managing in-person events seems critical, and I would like to contribute to that evolution, specifically from a financial standpoint. I will also focus on identifying potential successors in the role of Treasurer, as specialized skills are needed to effectively inhabit this role. With that, I hereby submit my candidacy for a second, final term of Treasurer. Thank you for your consideration.

ISSTD Involvement

Member, Communications & Marketing Committee (2016-present); Director, ISSTD Board of Directors (2017); Member, Finance Committee (2017); Co-chair, EMDR Therapy Training Task Group (2017-2020); Webmaster, ISSTD website (2017-present); Treasurer (appointed 2018; elected 1st term 2020-2022); Chair, Finance Committee (2018-present); Member, Executive Committee (2018-present); Co-chair, EMDR Therapy Training Committee (2020-present); Trainer and Curriculum Developer, ISSTD EMDR therapy basic training (2020-present); Member (ex officio as Treasurer), CFAS Committee, Membership Committee, Annual Conference Committee, various other committees (2018-present); Chaired and participated in a variety of ad hoc task forces (2017-present)

Professional Activities

Clinical Social Worker in Private Practice (2009-present); Expert Reviewer/Witness, Washington State Department of Health (2020-2023); EMDRIA Certified/Approved Consultant (exp. 2023); EMDRIA Approved Virtual Trainer, ISSTD EMDR Therapy Basic Training (as of 2021, exp. 2024); Member, EMDRIA Training Council (2022-2024); Co-author, Interpretive Manual for the Multidimensional Inventory of Dissociation (MID; 2nd and 3rd Ed.) and MID Analysis (v4.0-v5.2); Creator and Webmaster, <https://www.mid-assessment.com>; Various and sundry additional activities

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Office: Director Member

There are four candidates nominated for this position

Jonathan M. Cleveland, PhD

Nominated by Lauren Lebois and Ben Israel



Candidate Statement

Over the past few years, within the growing group practice that I manage with my business partner, I have developed a clinical training program with that teaches aspiring clinicians how to effectively work with complex trauma and dissociation. In the current cohort, there are four advanced doctoral students and two residents. My individual practice is focused on treating adults with histories of developmental trauma, many of whom contend with considerable dissociation. My published research has been in the areas of the relationship between hypnosis and dissociation, and the effects of childhood disclosure of sexual abuse on adult functioning. I am in the process of conducting a new study investigating the role of early adversity, trauma and dissociation in the development of hallucinogen persisting perception disorder (HPPD).

My hope is to present results at our next annual conference in Nashville. Over the past few years, I have served in a variety of roles on boards of psychological associations at the local, state and national levels, recently completing a 3-year tenure as the editor-in-chief of Trauma Psychology News, a publication of the American Psychological Association's trauma division. Beginning in January of the current year, I was appointed to fill a 1-year vacancy on ISSTD's board of directors. I have found this be a many-splendored experience and am hopeful that the Board will view my contributions, described below, over these past months as sufficient basis to allow me to continue in this role for a full 3-year term.

ISSTD Involvement

- Board of Directors: director member (1-year term)
- Annual Awards Committee: co-chair
- Research SIG: chair
- Caul Grant Award Committee: reviewer
- Scientific Committee: member
- Code of Conduct Review Group: member
- Membership Committee: member
- Psychoanalytic-Psychodynamic SIG: member

Professional Activities

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Office: Director Member

There are seven candidates nominated for this position

Sheldon Itzkowitz, PhD

Nominated by Ben Israel and Lisa Danylchuk



Candidate Statement

I have been an active member of ISSTD for many years. I have contributed to the Society through presentations, donations and volunteer service on the Board of Directors. I am committed to the expansion and growth of the Society both nationally and internationally. I am particularly proud of my efforts at increasing awareness of Dissociative Disorders and of ISSTD through teaching courses and offering local presentations. It has been a privilege and a joy to have been a part of the current creative and fun loving Board of Directors.

ISSTD Involvement

- Frequent presenter at Annual Conferences
- NYC regional conference presenter
- Member Board of Directors
- Secretary, Psychoanalytic – Psychodynamic Special Interest Group
- Member, Awards committee
- Adult Guidelines, reviewer
- Chair, Fridley Fund

Professional Activities

- Adjunct Clinical Associate Professor of Psychology and Clinical Consultant, NYU Postdoctoral Program in Psychotherapy & Psychoanalysis
- Guest Faculty, The William Alanson White Institute, Eating Disorders, Compulsions, and Addictions Program
- Faculty and Supervisor, The National Institute for the Psychotherapies
- Faculty & Supervisor Manhattan Institute for Psychoanalysis, Trauma Treatment Program
- Full time practice in psychoanalysis, psychoanalytic psychotherapy, clinical supervision, New York City
- Member, Board of Directors, The International Society for the Study of Trauma and Dissociation
- Fellow, The International Society for the Study of Trauma and Dissociation
- Honorary Member, The William Alanson White Society.

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Office: Director Member

There are seven candidates nominated for this position

Sara Rourke,
Nominated by Warwick Middleton and Adah Sachs

Candidate Statement



I am enthused and excited about this opportunity to deepen my involvement and commitment to the ISSTD and the population we collectively serve. After becoming a member and attending my first conference some years ago. I felt energized by the community and enjoyed joining the SIG's and later the Webinar Committee as a member and eventual co-chair, alongside Warwick Middleton. The support and resources I have received at the ISSTD, through these communities have been invaluable in my work in this challenging area, which in turn I believe has made me a better resource for my clients. I feel board membership would be the beginning of a long-term close involvement with an important organization. I look forward to working constructively with valued colleagues to further the essential mission and vision of the ISSTD, through hard work, dedication, strategic planning, and objective thinking.

Through my work as part of multi-disciplinary teams at The Clinic of Dissociative Studies, I appreciate the importance of fostering and nurturing the communities working in this area, the mutual support, and sharing of knowledge. This is an opportunity to work alongside other colleagues in the ISSTD whom have already dedicated so much of their care and time to tend to this important community with their unique capabilities. I hope to contribute to this collective in a meaningful and substantial way. The ISSTD is a professional home for those of us experiencing working in this field, and provides the nourishment of community, resources, learning opportunities, to name a few. This supports my life-long commitment and dedication to raising awareness and furthering the understanding of trauma and dissociation, dedicated to those I worked with, work with and are yet to meet. Thank you for your consideration.

ISSTD Involvement

I have been an active member of the Webinar Committee, which since 2021, I co-chair with Warwick Middleton, and sit on several committees which is a requirement for this important work. I moderate some of these webinars. I am a member of the OEA, psychoanalytic and neurodiverse SIG's .

Professional Activities

I run my own private practice, Soho Psychotherapy. Part of my practice is dedicated to low-cost clients and Dissociative Disorders. I also work for The Clinic of Dissociative Studies where I have worked as both a main therapist, support therapist, and also a therapist for the partners of those experiencing D.I.D. I have delivered training over multi-disciplinary teams, to bring awareness and understanding around DID, and how to deliver compassionate and informed care across settings. I created and delivered training within Tavistock and Portman, to trainee psychoanalysts and therapists, to demystify working with those experiencing Dissociative Disorders (specifically D.I.D.) to inspire other future practitioners to move into this area. I am interested in altered states of consciousness and how this interfaces with healing modalities across cultures. I am a manager and active member in "The Final Tent" which is an online community group of multi-disciplinary practitioners raising awareness, research, and promoting the safe and ethical use of psychedelics in end-of-life treatment.

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Office: Director Member

There are four candidate nominated for this position

Eva Young

Nominated by Sheldon Itzkowitz and Tally Tripp



Candidate Statement

Two months after I was elected to the board of directors a global pandemic was declared, introducing me to the complexities of this leadership role from the start of my 2020-2023 term. It has been an incredibly rewarding collaboration. If elected to a second term I will continue to honor my commitment to working hard to support the growth and sustenance of the ISSTD, while accepting the unpredictable and the unknown as we move forward into our transforming "post-covid" world. When I attended my first ISSTD conference, 10 years ago, I remember feeling warmly welcomed by members. My circle of colleagues and resources has grown tremendously and the ISSTD has become my clinical home. I am grateful to have had the opportunity to give back to the ISSTD as a Board Director.

As a member of various committees and SIGs, I have my finger on the pulse of many aspects of the ISSTD, giving me a cohesive perspective when discussing issues that impact all members. I have enjoyed moderating at virtual conferences, have excellent attendance at monthly board meetings, and have been consistent in volunteering for behind the scenes tasks that keep the ISSTD running smoothly. I believe that one of my greatest strengths is the ability to manage and navigate through interpersonal dynamics with clarity and compassion (fulfilling the BOD requirement: Plays well with others). I have collaborated on the development of the strategic plan. I am Co-Chair of the Child and Adolescent Treatment Guidelines Revision Task Force, Co-founder and former secretary of the Creative Arts Therapy SIG, a member of the Child and Adolescent SIG, the Psychoanalytic- Psychodynamic SIG, the committee to the UN, among others. I am an ISSTD Fellow and have presented at the NYC regional conference, provided workshops and presentations to regional communities and the ISSTD annual conference. Outside of the ISSTD, I have developed trauma and dissociation training for a creative arts therapy graduate curriculum and encourage students and graduates to become ISSTD members. It has been a packed three years, beginning with a pandemic that seems to be here to stay and ending with a desire to continue to work with my colleagues during these challenging times to strengthen the identity of the ISSTD while we continue to provide cutting edge education and resources to professionals helping people to heal from the wounds of trauma.

ISSTD Involvement

Board Director: 2020-2023 Member since 2011 ISSTD Fellow, awarded in 2021. Awarded the Advanced Trauma Certificate in Complex Trauma and Dissociation in 2019. Co-Chair of the Child and Adolescent Treatment Guidelines Revision Task Force. Co-founder and past secretary of the Creative Arts Therapy SIG. Member of the CAT SIG, The Child and Adolescent SIG, The psychoanalytic-psychodynamic SIG, The Child and Adolescent Fact Sheet Working Group, the committee to the UN and the Mid-Atlantic ROC, as well as the NYCISSTD group. Participated in the Seton Hall Project Review Group which provided an interesting look at developing a marketing strategy. Presenter at the 2022 NYC regional conference. Co-presenter of a workshop at the 2022 annual conference Co-presenter of post-conference workshop at the 2019 conference. Co-presenter of full day pre-conference workshop at the 2016 conference for professionals working with children with dissociative disorders. I presented to the Alaska regional community on the use of art materials in treatment with clients with dissociative disorders. I co-presented a webinar in 2019 on using art materials in the treatment of trauma and dissociation, Titled Myths, Materials and Magic: What clinicians need to know about using art materials in treatment. I represent the Creative Art Therapy SIG and the C & A Treatment Guidelines Task Force at Leadership Roundtable meetings.

Professional Activities

I maintain a private practice in NYC, specializing in the treatment of dissociative disorders and DID with children, adolescents and adults. I provide consultation and supervision to clinicians working with dissociative disorders. I offer training and workshops to professionals working with children, teens and adults who dissociate. I am a professor at Pratt Institute in Brooklyn NY where I provide supervision and offer a course and workshops to Creative Arts Therapy graduate students on theories and concepts of trauma and dissociation. I am on faculty at the William Alanson White Institute in NYC where I provide supervision to candidates and teach a course focused on clinical concepts related to the treatment of adolescents with dissociative disorders. My Chapter, I Didn't Know Where You Were: In the play space of treatment with a young dissociative boy, was published in 2022 in the edited book by Valerie Sinason and Renee Potgeiger-Marks, Treating Children With Dissociative Disorders: Attachment, Trauma, Theory and Practice.